

# THE 3 DAYS, 3 WEEKS, 3 MONTHS RULE OF ADOPTING A RESCUE DOG

The 3-3-3 Rule is a general guideline of the decompression process for a Canine in a new environment.

Every dog is unique and will adjust differently, so give them space and allow them to go at their own pace!

## 3D

THE FIRST 3 DAYS,

GIVE THEM SPACE

SET YOUR BOUNDARIES EARLY

STAY CALM AND GIVE CLEAR DIRECTION

START YOUR DAILY ROUTINE RIGHT AWAY

DO NOT FORCE INTERACTION

BE PATIENT AND STAY POSITIVE

## 3W

AFTER 3 WEEKS,

WILL FEEL MORE SETTLED

WILL START TO TEST BOUNDARIES

WORK BASIC O (SIT, WAIT, DOWN, COME)

GIVE CLEAR DIRECTION AT ALL TIMES

GIVE CALM, CLEAR FEEDBACK TO THEM ON WHEN THEY ARE MISBEHAVING

PRAISE EVERY SUCCESS!

## 3M

AFTER 3 MONTHS,

WILL START TO TRUST NEW HOME

WILL UNDERSTAND ROUTINE

DO NOT EASE OFF TRAINING, MORE IS BETTER!

WILL START TO BUILD BOND- USE AFFECTION AS A RESOURCE!

WILL BEGIN TO BUILD GREAT HABITS IF YOU FOLLOW THIS!

## REMEMBER, IT TAKES:

PATIENCE, CONSISTENCY, & TIME!

